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KEYS TO HEALING & DELIVERANCE

Proverbs 3:5-8

(5) Trust in the LORD with all your heart, And lean not on your own understanding; (6) In all your ways acknowledge Him, And He shall direct your paths. (7) Do not be wise in your own eyes; Fear the LORD and depart from evil. (8) It will be health to your flesh, And strength to your bones.

1. **We should be born again:**

John 3:3

(3) Jesus answered and said to him, "Most assuredly, I say to you, unless one is born again, he cannot see the kingdom of God."

This means that we must surrender our lives absolutely to Jesus Christ turning from darkness to light from the power of Satan to the power of God.

2. **We should repent from all sin:**

This means that we must absolutely renounce all sin turning completely away from it. Sin is defined as follows:

Fornication (having sex outside of marriage)

Idolatry (placing other things before God, e.g. having other gods or idolising persons and/or things ahead of God)

Adultery

Homosexuality

Sodomy

Thieving

Covetousness (lustful desire for the property of others and greedy for gain)

Reviling (cursing)

Extortion

Uncleanness e.g. bad language

Lewdness e.g. pornography, bestiality

Envy

Hatred

Contentions (causing fights)

Jealousies

Outbursts of wrath

Foolish talking

Coarse jesting, i.e. dirty jokes

Selfish ambitions

Dissension (causing discord among the brethren)

Drunkenness

Revelries e.g. wild parties

Cowardly (i.e. not following Jesus Christ)

Murder e.g. unnecessary abortion

Lying

The unbelieving

The abominable

Heresies (e.g. Mormons and Jehovah's Witnesses)

Sorcery (see list below)

Sorcery includes the following:

Fortune telling - Horoscopes

Heavy metal rock (suicides) - Ouija Boards

Drugs - Charms

New Age - Worship of the Creation, Spiritism - séances
Witchcraft - Freemasonry
Martial Arts: Kung Fu, Aikido, Tae Kwon Do, Karate, Tai Chi, Judo
(rooted in Taoism and Buddhism)
Druids
Eastern religions: Yoga, TM, ESP, Hypnosis (Hinduism, goddess
Shiva)

(See full list at end of pamphlet)

The following Scriptures confirm the above statements:

1 Corinthians 6:9-10

(9) Do you not know that the unrighteous will not inherit the kingdom of God? Do not be deceived. Neither fornicators, nor idolaters, nor adulterers, nor homosexuals, nor sodomites, (10) nor thieves, nor covetous, nor drunkards, nor revilers, nor extortioners will inherit the kingdom of God.

Galatians 5:19-21

(19) Now the works of the flesh are evident, which are: adultery, fornication, uncleanness, lewdness, (20) idolatry, sorcery, hatred, contentions, jealousies, outbursts of wrath, selfish ambitions, dissensions, heresies, (21) envy, murders, drunkenness, revelries, and the like; of which I tell you beforehand, just as I also told you in time past, that those who practice such things will not inherit the kingdom of God.

Ephesians 5:3-4

(3) But fornication and all uncleanness or covetousness, let it not even be named among you, as is fitting for saints; (4) neither filthiness, nor foolish talking, nor coarse jesting, which are not fitting, but rather giving of thanks.

Revelation 21:8

(8) But the cowardly, unbelieving, abominable, murderers, sexually immoral, sorcerers, idolaters, and all liars shall have their part in the lake which burns with fire and brimstone, which is the second death.”

3. We must be baptised in water:

John 3:5

(5) Jesus answered, “Most assuredly, I say to you, unless one is born of water and the Spirit, he cannot enter the kingdom of God”.

This means that we must be fully immersed in water, in the same way that Jesus himself was baptised.

4. We must seek the baptism with the Holy Spirit:

Acts 2:1

(1) When the Day of Pentecost had fully come, they were all with one accord in one place.

Acts 2:4

(4) And they were all filled with the Holy Spirit and began to speak with other tongues, as the Spirit gave them utterance.

5. We must attend a Church which worships Jesus Christ and believes the Bible:

Hebrews 10:25

(25) “not forsaking the assembling of ourselves together, as is the manner of some, but exhorting one another, and so much the more as you see the Day approaching”.

6. We must read our Bible daily:

We should have a proper Bible reading plan so that we can go through the whole Bible on a regular basis.

7. We must love God and our neighbour:

Matthew 22:37-40

(37) Jesus said to him, 'You shall love the Lord your God with all your heart, with all your soul, and with all your mind.' (38) This is the first and great commandment. (39) And the second is like it: 'You shall love your neighbor as yourself.' (40) On these two commandments hang all the Law and the Prophets."

8. We must love one another as Jesus loved us:

John 13:34

(34) A new commandment I give to you, that you love one another; as I have loved you, that you also love one another.

9. We must believe on the name of His Son, Jesus Christ:

1 John 3:23

(23) And this is His commandment: that we should believe on the name of His Son Jesus Christ and love one another, as He gave us commandment.

10. We must forgive:

God has forgiven us through Jesus Christ on the Cross. He died a dreadful death so that we could be forgiven by God. THEREFORE, we must forgive every other person no matter what they have done to us. We can do this with the help of the Holy Spirit.

Mark 11:25

(25) "And whenever you stand praying, if you have anything against anyone, forgive him, that your Father in heaven may also forgive you your trespasses".

God promises to deliver us to the demons if we do not forgive:

Matthew 18:34-35

(34) And his master was angry, and delivered him to the torturers until he should pay all that was due to him. (35) "So My heavenly Father also will do to you if each of you, from his heart, does not forgive his brother his trespasses."

When we forgive we must absolutely forgive. We must not say we have forgiven but not forgotten. If we do not forgive then we will bring judgement on ourselves and there will be no mercy for us.

If we don't forgive and yet take communion we drink judgement to ourselves and become weak and sick (1 Corinthians 11:29-30).

We have to let go of other people sins by obeying the following Scripture:

Matthew 5:44

(44) But I say to you, love your enemies, bless those who curse you, do good to those who hate you, and pray for those who spitefully use you and persecute you.

With the help of the Holy Spirit we can forgive:

John 20:22-23

(22) And when He had said this, He breathed on them, and said to them, "Receive the Holy Spirit. (23) If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained."

The test of our forgiveness is that we are able to go to the people whom we have forgiven and ask them for their forgiveness towards us for our attitudes. We must absolutely forgive.

11. We must obey the Ten Commandments and in particular the FIRST, SECOND AND FIFTH Commandments:

Exodus 20:3-4

(3) "You shall have no other gods before (besides) Me." (4) "You shall not make for yourself a carved image—any likeness of anything that is in heaven above, or that is in the earth beneath, or that is in the water under the earth;

The Bible says we must honour our mother and father:

Exodus 20:12

(12) "Honour your father and your mother, that your days may be long upon the land which the LORD your God is giving you".

Disobeying these commandments makes our prayers an abomination:

Proverbs 28:9

(9) One who turns away his ear from hearing the law, Even his prayer is an abomination.

Failure to keep these two particular Commandments brings upon us all the curses referred to in the Bible in Deuteronomy 28.

Deuteronomy 27:15-16

(15) 'Cursed is the one who makes a carved or molded image, an abomination to the Lord, the work of the hands of the craftsman, and sets it up in secret.' "And all the people shall answer and say, 'Amen!' (16) 'Cursed is the one who treats his father or his mother with contempt.' "And all the people shall say, 'Amen!'

- a) In Deuteronomy 28 the Bible lists 116 curses that God will bring upon us, if we disobey these two Commandments. The curses include sickness, fever, itches, madness, blindness, confusion of heart, divorce, separation of family, hunger, thirst, nakedness, serious and prolonged sicknesses and many other curses.
- b) The Good News: At the Cross Jesus Christ became a curse so that we could be set free from all these curses of the law and come into the blessings of Abraham. In order to come into this blessing, we must renounce all other gods and honour and forgive our parents. If they are alive you should contact them and ask them to forgive you for any wrong attitudes and tell them that you forgive them. Now say a prayer such as the following:

Prayer: "Dear Heavenly Father, I come to you in the mighty Name of Jesus Christ. I absolutely honour and forgive my parents in every way and I renounce their sins and the sins of my ancestors especially any past involvement in the occult or any other cursed thing. I now renounce this in Jesus Name and I believe that at the Cross you have set me free from all the curses of the Law. Thank You Father in Jesus Name, Amen".

12. We must believe that at the Cross Jesus Christ not only forgave our sins but He also healed our sicknesses on the Cross:

- a) Isaiah 53:4-5

(4) Surely He has borne our grief's And carried our sorrows; Yet we esteemed Him stricken, Smitten by God, and afflicted. (5) But He

was wounded for our transgressions, He was bruised for our iniquities; The chastisement for our peace was upon Him, And by His stripes we are healed.

1 Peter 2:24

(24) Who Himself bore our sins in His own body on the tree, that we, having died to sins, might live for righteousness – by whose stripes you were healed. Who Himself bore our sins in His own body on the tree, that we, having died to sins, might live for righteousness – by whose stripes you were healed.

- b) Even before the time of the Cross God healed the sick as Jehovah Rapha (the Lord our Healer) and 'He is the same, yesterday, today and forever'.

13. We must renounce all pride:

Because we fail to repent from pride we are led into deception. The four downward steps are pride, rebellion, deception and perversion.

Prayer: "Dear Heavenly Father, in the name of Jesus Christ I renounce all pride".

14. We must renounce all involvement with abortion:

Failure to repent from any involvement with abortion is another major reason for demonic activities.

Prayer: "In the name of Jesus Christ, I repent from any involvement with abortion".

15. We must have faith in God:

Mark 11:22,24

(22) So Jesus answered and said to them, "Have faith in God. (24) Therefore I say to you, whatever things you ask when you pray, believe that you receive them, and you will have them.

16. We must believe for the anointing of God:

1 John 2:20

(20) "But you have an anointing from the Holy One, and you know all things".

1 John 2:27

(27) "But the anointing which you have received from Him abides in you, and you do not need that anyone teach you; but as the same anointing teaches you concerning all things, and is true, and is not a lie, and just as it has taught you, you will abide in Him".

17. We must resist the devil:

You must resist the devil.

James 4:7

(7) "Therefore submit to God. Resist the devil and he will flee from you".

18. We must renounce all rebellion:

The Bible says rebellion is as the sin of witchcraft.

1 Samuel 15:22-23

(22) So Samuel said: "Has the Lord as great delight in burnt offerings and sacrifices, As in obeying the voice of the Lord? Behold, to obey is better than sacrifice, And to heed than the fat of rams. (23) For rebellion is as the sin of witchcraft, And stubbornness is as iniquity and idolatry. Because you have rejected the word of the Lord, He also has rejected you from being

king.”

If we have not fully surrendered every part of our lives to Jesus Christ, then we will find that there is rebellion in our heart. This allows the devil into every part of our lives.

19. We must renounce all self hatred:

Through his death on the Cross, Jesus Christ has shown His love and forgiveness for us, therefore we must receive that forgiveness and love into our hearts absolutely in order to be free.

Therefore, renounce all self hatred in Jesus Name.

Prayer: “In the name of Jesus Christ I renounce all self hatred”.

20. Wrong objects in our home:

We are to be careful about what we bring into our home particularly anything to do with the occult or pornography:

Deuteronomy 7:26

(26) “Nor shall you bring an abomination into your house, lest you be doomed to destruction like it. You shall utterly detest it and utterly abhor it, for it is an accursed thing”.

In the New Testament we find that when people came to Jesus Christ they burned all their occult books:

Acts 19:19

(19) “Also, many of those who had practiced magic brought their books together and burned them in the sight of all. And they counted up the value of them, and it totalled fifty thousand pieces of silver”.

21. We must renounce all freemasonry:

Past involvement by ourselves or our ancestors in Freemasonry will bring a curse upon us.

22. Music:

Wrong music. Much of the heavy metal music, rock and roll music that is around today is Satanically inspired. We should not listen to such music but rather Christian music which encourages us in the Lord.

23. We must renounce curses

24. Primary reason for curses:

- (a) Not hearing God’s voice
- (b) Not doing what He says

25. There are seven blessings and seven curses referred to in the law in Scripture.

Seven blessings: (Deuteronomy 28)

- (1) Exaltation
- (2) Reproductiveness
- (3) Health
- (4) Prosperity, success
- (5) Victory
- (6) That we are the head and not the tail
- (7) That we will be above and not beneath

26. There are seven curses referred to in the same chapter:

- (1) Humiliation
- (2) Barrenness
- (3) Sickness of every kind
- (4) Poverty, failure
- (5) Defeat
- (6) We will be the tail and not the head
- (7) We will be below and not above

27. Indications of Curses:

- (1) Mental, emotional breakdown
- (2) Repeated sickness, especially hereditary sickness – doctors can't find the cause
- (3) Feminine problems - barrenness, miscarriage, menstruation problems
- (4) Breakdown of marriage - family alienation
- (5) Financial insufficiency, poverty. Sometimes poverty for a short period is just a test but if we are always in poverty it could be a curse.
- (6) Accident prone
- (7) History of unnatural deaths

A curse can be something like an evil thing moving up from the past. It is like a deep shadow.

Note: Proverbs 26:2. A curse is:

“Like a flitting sparrow, like a flying swallow,

So a curse without cause shall not alight.”

Therefore, a curse requires a cause to alight.

28. Reasons For Curses:

- (1) Having false gods (Exodus 20:3&4, Deuteronomy 27:15)
- (2) Disrespect for parents (Deuteronomy 27:16)
- (3) Treachery against a neighbour (Deuteronomy 27:17)
- (4) Injustice to the weak (Deuteronomy 27:18&19)
- (5) Illicit sex (Deuteronomy 27:20-23)
(Effect of wrong sexual relationships, particularly those outside of marriage or with members of one's family)
- (6) Perjury (Deuteronomy 27:25)
- (7) Stealing (Zechariah 5:1-4)
- (8) Stinginess towards God (Malachi 3:9)
- (9) Perverting the Gospel (Galatians 1:8&9)
- (10) Depending on the flesh (Jeremiah 17:5)
- (11) Anti-Semitism (Genesis 12:3, Genesis 28:3&14)

29. Persons with relational authority e.g. husband over wife, parents over children. Words spoken have supernatural powers. The blessing of the father is important.

- (a) Genesis 31 - Jacob and Rachel: Rachel had stolen her father's gods. Jacob did not know this and he said to her father, Laban: “‘With whomever you find your gods, do not let him live. In the presence of our brethren, identify what I have of yours and take it with you.’ For Jacob did not know that Rachel had stolen them.” (Genesis 31:32) i.e., he was in effect saying that she should die, although, of course, he did not know she had stolen them and that she would feign sickness to avoid being discovered. She later died in childbirth.
- (b) Examples where husband curses his wife or parents curse their children, e.g. a husband says to his wife, “You cannot cook”, or the following statements are made in respect of other people including children:

“You are no good”
“You are useless”
“You are a failure”
“You will never be any good”
“You are hopeless”
“You will never achieve anything”
“You are ugly”
“You are a bad person”
“You are always a liar”
“It’s in the family and you are sure to get it” etc.

30. Self-imposed curses which become like inner vows.

Examples:

“I’ll never be any good”
“I’ll never forgive myself”
“God doesn’t love me”
“I’ll never speak to again”
“I hate myself”
“No-one loves me”
“I want to die, I’m better off dead”

Examples from Scripture:

- (a) Genesis 27:13 Rebekah said:
“Let your curse be on me”
and in verse 46 she said:
“I am weary of my life because of the daughters of Heth;
...what good will my life be to me?”
She brought a curse on herself.
- (b) Matthew 27:24&25, the Jews said, “Let His blood be on us and our descendants”.
- (c) Peter denied the Lord three times

31. Curses brought on by unscriptural covenants:

Exodus 23:32: “You shall make no covenant with them, nor with their gods.” We are to make no covenant with those who are not committed as Christians. Freemasonry is an example of that with self-imposed curses, e.g. the 32nd degree

2 Corinthians 6:14-17: “Do not be unequally yoked together with unbelievers. For what fellowship has righteousness with lawlessness? And what communion has light with darkness?”

And what accord has Christ with Belial? Or what part has a believer with an unbeliever? And what agreement has the temple of God with idols? For you are the temple of the living God. As God has said: “I will dwell in them and walk among them. I will be their God, and they shall be My people.”

Therefore “Come out from among them and be separate, says the Lord. Do not touch what is unclean, and I will receive you.”

32. Curses put on by the servants of Satan e.g. witch doctors, medicine men, tohungas etc.

Example: Numbers 22:4&6. Note this was a request by Moab to Balam to pronounce curses on Israel. It was a matter of their gods versus the true God. When people fought one another in the old days, they regarded it as a fight between their gods and the other gods, e.g. David and Goliath.

1 Samuel 17:43: “ So the Philistine said to David, “Am I a dog, that you come to me with sticks?” And the Philistine cursed David by his gods.”

Other reasons for curses:

33. Objects in homes (*Deuteronomy 7:26*) *We are to have no abominable thing our home. This can cause children to be disturbed.*

34. Soul ties These are soul ties which are contrary to God's purposes. E.g., in adultery, fornication (especially past sexual relationships). Ungodly soul ties can bring spiritual sickness. 1 Corinthians 6:18: "Flee sexual immorality. Every sin that a man does is outside the body, but he who commits sexual immorality sins against his own body."

Examples of wrongful sex are as follows:

Pre-marital sex, Perverted sex
Trial marriages, Homosexuality
Lesbianism, Pornography and fantasy
Bestiality, Transvestism
Sexual abuse, Oral sex

Consequences:

- (a) Establishment of soul ties and bondings in the flesh other than with God's intended partner.
- (b) Guilt and condemnation.
- (c) Demonisation
- (d) Emotional disturbance

What is sexual abuse?

Uninvited caressing
Uninvited handling of the sexual areas
Anal handling
Masturbation in front of a person
Forced oral sex
Forced mutual masturbation
Forced intercourse and rape
Bestiality
Ritualistic sex
Incest

All of these cause fear, confusion, deception.

Long term problems:

- (a) Confusion of one's identity, sexuality, physical position and emotional situation.
- (b) Causes regression and repression of memories. Causes fantasy.
- (c) Breaking of trust.
- (d) Causes rebellion including (i) self rejection (ii) fear of rejection and (iii) anger.
- (e) Causes guilt and fear.
- (f) Causes inability to respond to love.
- (g) Causes desire to die.
- (h) Causes physical illness.
- (i) Causes damage to the spirit.

Also domination by one person over another, e.g. where a father dominates or sexually abuses his daughter.

35. Continuing with the Lord

1. Pray the Holy Spirit will fill every area of the person's life.
2. Give as much love and encouragement as is necessary and the person can receive.
3. Assure the person that where deliverance has taken place, they

- need not fear the enemy if they walk properly with God.
4. Encourage the person:
 - (a) To be continuously filled with the Holy Spirit.
 - (b) Read the Word of God daily.
 - (c) Wear the armour of God at all times.
 - (d) Be on their guard against the enemy's counter attacks.
 - (e) Be in good fellowship with other Christians.
 - (f) Walk continuously in forgiveness.
 - (g) Praise God in all circumstances.
 - (h) Keep the right company.
 5.
 - (a) Encourage people to be fully rehabilitated in their emotional responses
 - (b) To present themselves properly, e.g. in dress.
 - (c) To continue to re-learn right relationships with others.
 - (d) Avoid long-term dependency on others.
 6.
 - (a) Acknowledge the truth of Ephesians 1:6, i.e. we are accepted in the beloved.
 - (b) Break free from any feeling of being cursed or being an abuse victim.
 7. Walk in the power of the Holy Spirit, i.e. in the fruit of the Holy Spirit: love, joy, peace, long-suffering, gentleness, goodness, faithfulness, meekness and temperance.

36. Suggested Procedure Following Seminar On Deliverance And Curses

1. THE BLOOD SCRIPTURES

Ask everybody to stand and say the following Scriptures:

Psalm 107:2

"Let the redeemed of the Lord say so, whom He hath redeemed from the hand of the enemy."

Ephesians 1:7

"In whom we have redemption through His blood, the forgiveness of sins, according to the riches of His grace."

THROUGH THE BLOOD OF JESUS I AM REDEEMED OUT OF THE HAND OF THE DEVIL. THROUGH THE BLOOD OF JESUS ALL MY SINS ARE FORGIVEN.

1 John 1:7

"But if we walk in the light as He is in the light, we have fellowship with one another, and the blood of Jesus Christ His Son cleanses us from all sin."

THE BLOOD OF JESUS CHRIST, GOD'S SON, IS CLEANSING ME NOW AND CONTINUALLY FROM ALL SIN.

Romans 5:9

"Much more then, being now justified by His blood, we shall be saved from wrath through Him."

THROUGH THE BLOOD OF JESUS I AM JUSTIFIED, MADE RIGHTEOUS, JUST AS THOUGH I HAD NEVER SINNED.

Hebrews 13:12

"Therefore Jesus also, that He might sanctify the people with His own blood, suffered outside the gate."

THROUGH THE BLOOD OF JESUS I AM SANCTIFIED, MADE HOLY, SET APART TO GOD.

1 Corinthians 6:19 & 20

"Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own?" For you were bought at a price; therefore glorify God in your body and in your spirit, which are God's"

MY BODY IS A TEMPLE OF THE HOLY SPIRIT.
I AM REDEEMED, CLEANSED, SANCTIFIED BY THE BLOOD OF
JESUS. THEREFORE THE DEVIL HAS NO MORE PLACE IN ME
AND NO MORE POWER OVER ME.
THROUGH THE BLOOD OF JESUS I OVERCOME SATAN BY THE
BLOOD OF THE LAMB AND THE WORD OF MY TESTIMONY.
(Revelation 12:11)

2. OCCULT

- (a) Go through the occult check list and get people to tick anything that they have been in relating to the occult.
- (b) Ask those who have been in the occult to stand and ask others to stand with them in order to pray for them.
- (c) Then say the following prayer in regard to the occult:
"Lord Jesus Christ, I confess you are the only Son of God, that You died on the Cross for my sins and rose again. In Your name I now renounce all contact with the occult and in particular I renounce the following involvements in the occult I receive Your forgiveness. Thank You Heavenly Father for delivering me in the name of Your Son, Jesus Christ."
- (d) The counsellors (i.e. those standing with the candidates for deliverance) should command the demons to go.

3. FREEMASONRY

I renounce every evil spirit associated with Masonry and witchcraft and all other sins, and I command in the name of Jesus Christ for Satan and every evil spirit to be bound and to leave me now, touching or harming no-one, and go to the place appointed for you by the Lord Jesus, never to return to me or my family. I call on the name of the Lord Jesus to be delivered of these spirits, in accordance with the many promises of the Bible.

4. SOULISH TIES

- (a) Ask those to come forward who know that they still have soulish ties, that is sense there is still some tie between them and some other person with whom they have had a previous relationship. This includes cases where women feel under the domination of their mother or men feel under the domination of their mother.
- (b) Get people to stand with them to pray for them.
- (c) Pray the general prayer for deliverance from soul ties:
"Dear Heavenly Father, as I come to You in the name of Jesus Christ in the authority that is in that name, I break every soul tie affecting my body, soul or spirit, which has existed between myself and (name the individual). In the name of Jesus Christ, I specifically speak to every demonic power that has taken advantage of that link and I tell it that it has no rights here and it must leave now without going into any other member of my family. Thank you Lord Jesus that through Your shed blood and through Your wonderful name, I am able to be absolutely free. Thank you Lord."
- (d) Get the people who need deliverance to cut the soulish ties around the people. Show them how to do this with a motion across the front of the body and across the head.
- (e) The counsellors should command the demons to go.

5. INNER VOWS

- (a) Ask those who know that they have made inner vows for which they need release to come forward and ask others to stand with them to pray for them again.
- (b) Say the prayer and get the people to renounce those inner

vows and as they do expect deliverance.

“In the name of Jesus Christ, I specifically renounce all vows which I have made, knowing or unknowingly, against myself. I specifically renounce.....(name those vows which you have made and which you know to be wrong). I ask you to totally cleanse me and set me free from the results of those vows and I thank you for doing it.”

- (c) The counsellors should command the demons to go.

6. PRONOUNCEMENT AND CURSES

- (a) Ask those who feel that they have had pronouncements or curses placed upon them to stand and get somebody to stand with them to pray for them.

- (b) They should then say the following prayer:

“Heavenly Father, I come to You in the name of the Lord Jesus Christ and in the authority of that name I specifically renounce all curses that have been placed upon my life through the words of those who have abused and damaged me. I forgive them and I ask You Lord to release me from their consequences. Thank You Father, in Jesus’ name.”

- (c) The counsellors should command the demons to go.

7. PRAYER: *“Dear Heavenly Father, I come to You in the name of Jesus Christ. I thank You Lord for Your love for me. I confess that Jesus Christ is my Lord and my Saviour and that He died and rose again from the dead. I believe that through the blood of Jesus Christ I have been redeemed from the hand of the devil. I believe that through the blood of Jesus Christ all my sins have been forgiven. I believe that through the blood of Jesus Christ I have been sanctified, made holy to God. I believe that through the blood of Jesus Christ I have been justified just as if I had never sinned.*

I now confess all my sins. I confess that in my own strength I have been unable to defeat the attacks of the enemy. I specifically renounce the following sexual sin I confess I have been wrong. I renounce all pleasure connected with these sins. I now turn from my sin. I ask You, Father, to forgive me all that is past and give me discernment when the temptation arises and the strength to resist it. I ask You to heal my memories and to heal the hurts and forgive me in Jesus name.

I also specifically renounce any other sins such as rejection, unforgiveness. I especially forgive the following persons

I specifically honour my parents and I forgive them. I renounce my own sins and the sins of my ancestors in the name of Jesus Christ. I especially renounce all idolatry, witchcraft and everything of the occult and all hidden things of darkness. I believe that at the Cross of Jesus Christ I was delivered from every curse of the law. I call upon You, Lord Jesus, to set me free from every demonic power that has affected me.

Lord, I now renounce Satan and all his works. I hate his demons. I count them my enemies in the name of Jesus. I loose myself from every dark spirit, from every evil influence, from every satanic bondage, from any spirit in me that is not the Spirit of God. I command all such spirits to leave me now in the name of Jesus.

I call upon You, Lord Jesus, to set me free from every demonic power that has affected me. In the name of Jesus Christ, Risen Saviour, I command every demonic power that has lived within me or oppressed me to leave me now in the name of Jesus Christ. I declare that I am a child of the Living God and that Satan has no right to inhabit any part of me or to oppress me. I thank You Lord Jesus and I give You the glory. Amen.”

REMEMBER.....

To be delivered:

- (1) Confess the spirit in the name of Jesus.

- (2) Renounce the spirit in the name of Jesus.
- (3) Forgive others.
- (4) Call on the name of the Lord Jesus.

37. We must renounce all involvement in the occult:

All forms of the occult must be renounced. This includes fortune-telling, horoscopes, rock music, drugs.

(See Occult Check List in appendix.)

Exodus 20:3

(3) "You shall have no other gods before Me."

38. We must renounce all guilt:

Sickness is often the result of guilt caused by past sin. When we come in true repentance at the Cross of Jesus Christ, we are forgiven.

God Forgives us:

1 John 1:9

(9) If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

Prayer: "Dear Heavenly Father, as I now confess my sins, I receive the forgiveness you gave me through Jesus Christ at the Cross. I renounce all guilt. Thank You Heavenly Father for forgiving me in the name of Your Son Jesus Christ".

39. We must renounce all rejection:

Often, because of childhood rejection or rejection by others, we are not open to accept God's love. If we will forgive others and forgive ourselves (because God has forgiven us), then His love and healing power can flow through us:

Ephesians 1:6

(6) "to the praise of the glory of His grace, by which He has made us accepted in the Beloved."

Romans 5:5

(5) "Now hope does not disappoint, because the love of God has been poured out in our hearts by the Holy Spirit who was given to us."

Remember, God loves us, He has forgiven us and we receive that forgiveness as we turn to Him and confess our sins and allow His love to flow through us. Open up to God and allow His healing love to flow through you.

Prayer: "Heavenly Father, I confess lack of self-acceptance. I confess in Jesus' name, rejection by others and I renounce the spirit of rejection in the name of Jesus Christ. I receive Your love. Holy Spirit, pour out Your healing love in my heart now. Thank You Jesus".

40. We must renounce unconfessed sin and hidden anger:

Ephesians 4:31-32

(31) Let all bitterness, wrath, anger, clamor, and evil speaking be put away from you, with all malice. (32) And be kind to one another, tenderhearted, forgiving one another, even as God in Christ forgave you.

Prayer: "Heavenly Father, I confess all bitterness, wrath, anger and clamour and evil speaking together with malice. I thank you Lord that as I confess this sin from my heart that I am forgiven because your Word promises this. Thank You Heavenly Father for forgiveness in the Name of Jesus Christ, Amen".

41. We must renounce all grief:

Grief can be an entry point of sickness and death. I have known of widows who have died a year or two after their husband's death as they have never recovered from grief. (Psalm 31:9-14) Answer: Isaiah 53:4: (4) "Jesus has carried our griefs."

Prayer: "Dear Heavenly Father, in the name of Jesus Christ I confess my grief. I thank You Lord Jesus that You carried it on the cross for me and I now renounce in the name of Jesus every spirit of grief affecting me. Thank You Father for Your health and strength, in Jesus' name. Amen".

42. Sickness caused by demonic activity:

Sometimes such things as pain, crippling diseases, deformities and a desire to die, are the result of demonic powers and attacks by satan. Jesus constantly healed the sick and cast out demons.

Deliverance Prayer: "Dear Heavenly Father, as I come to You in the name of Jesus Christ, I confess Jesus Christ is my Lord and my Saviour. I confess that He shed His blood for me and I plead now the protection of that precious blood over my whole life. In the name of Jesus Christ I command every spirit of sickness to flee from me. I rebuke it in the name of Jesus Christ and thank You Lord Jesus for Your healing. Amen".

If you have been involved in anything on the list at the end of this pamphlet, you should repent before God. When we have conceded certain territory in our lives to the enemy such as anger, hatred, bitterness, sexual immorality, involvement in the Occult etc, it is good to ask God to help you reclaim that land from the territory of the enemy.

Prayer: "Dear Heavenly Father, I come to You in the name of Your Risen Son Jesus Christ. As I repent from all of my sins, Father, and especially of unforgiveness, I ask Lord for Your healing touch upon my body, soul and spirit. I pray, Father, that Your anointing shall now fall upon me and touch me, driving out every spirit of sickness and healing my body, soul and spirit. I thank You Lord for touching me now by Your Spirit. Thank You Father for Your mighty touch in Jesus' name".

Final Prayer: "Lord Jesus, I now renounce Satan and all his works. I hate his demons. I count them my enemies in the name of Jesus. I loosen myself from every dark spirit, from every evil influence, from every satanic bondage, from every spirit in me that is not the Spirit of God. I declare I am a child of the Living God and that Satan has no right to inhabit any part of me or to oppress me. I command all such spirits to leave me now in the name of Jesus".

43. Occult check list

Possible demonic entry points:

- | | |
|---|--|
| <input type="checkbox"/> Abstract art (under hallucinogenic stimulus) | <input type="checkbox"/> Birth signs |
| <input type="checkbox"/> Acupuncture | <input type="checkbox"/> Black arts |
| <input type="checkbox"/> (tiger's claw, shark's tooth, horseshoe over door, mascots, talisman (magic picture) | <input type="checkbox"/> Black magic (involving hidden powers for bad ends) |
| <input type="checkbox"/> Ankh (a cross with a ring top used in satanic rites) | <input type="checkbox"/> Black mass |
| <input type="checkbox"/> Apparitions - occultic | <input type="checkbox"/> Blood subscriptions (pacts) |
| <input type="checkbox"/> Astral travel | <input type="checkbox"/> Cartomancy (using playing cards) |
| <input type="checkbox"/> Astrology | <input type="checkbox"/> Chain letters |
| <input type="checkbox"/> Augury (interpreting omens) | <input type="checkbox"/> Charming or enchanting (attempts to use spirit power) |
| <input type="checkbox"/> Automatic writing | <input type="checkbox"/> Charms and charming for wart removal |
| | <input type="checkbox"/> Chinese astrology |

- Clairaudience (ability to hear voices and sounds super-normally - spirit voices alleging to be those of dead people giving advice or warnings)
- Clairsentience (supernormal sense perception)
- Clairvoyance (ability to see objects or events spontaneously or supernormally above their normal range of vision - second sight)
- Colour therapy
- Concept therapy
- Conjuration (summoning up a spirit by incantation)
- Coven (a community of witches)
- Crystal ball gazing
- Crystals
- Death magic (where the name of the sickness plus a written spell is cast into coffin or grave)
- Demon worship
- Disembodied spirits
- Divining rod or twig or pendulum (Hosea 4:12)
- Dowsing or witching for water, minerals, under-ground cables, finding out the sex of unborn child using divining rod, pendulum, twig or planchette
- Dream interpretation (as with Edgar Cayce books)
- Dungeons and dragons
- Eastern meditation/religious - Gurus, Mantras, Yoga, Temples etc
- Ectoplasm (unknown substance from body of a medium)
- Enchanting
- E.S.P. (extra sensory perception)
- Findhorn Community
- Floating trumpets
- Fortune telling
- Gothic rock music
- Gurus
- Gypsy curses
- Hallucinogenic drugs (cocaine, heroin, marijuana, sniffing glue etc)
- Handwriting analysis (for fortune telling)
- Hard rock music - Kiss, Led Zeppelin, Rolling Stones
- Heavy metal music - AC/DC, Guns and Roses (all heavy rock)
- Hepatoscopy (examination of liver for interpretation)
- Hex signs (hexagrams)
- Horoscopes
- Hydromancy (divination by viewing images in water)
- Hypnosis
- Idols
- Incantations
- Iridology (eye diagnosis)
- Japanese flower arranging (sun worship)
- Jonathan Livingston Seagull (Reincarnation, Hinduism)
- Kabbala (Occult Lore)
- Karma
- Levitation
- Lucky charms or signs of the Zodiac or birthstones
- Magic (not sleight of hand but use of supernatural power)
- Mantras
- Martial arts (Aikido, Judo, Karate, Kung fu, Tae Kwan Do etc)
- Matthew Manning
- Mediums
- Mental suggestion
- Mental telepathy
- Mental therapy
- Mesmerism
- Metaphysics (study of spirit world)
- Mind control
- Mind dynamics
- Mind mediumship
- Mind reading
- Moonmancy
- Motorskopua (mechanical pendulum for diagnosing illness)
- Mysticism
- Necromancy (conjuring up spirits of the dead)
- Numerical symbolism
- Numerology
- Occultic games
- Occult letters of protection
- Occult literature, eg The Greater World, The 6th & 7th Book of Moses, The Other Side, The Book of Venus, Pseudo-Christian works of Jacob Lorber, works by Edgar Cayce, Alistair Crowley, Jean Dixon, Levi Dowling, Arthur Ford (The Overt Worship of Spirit Beings), Johann Greber, Andrew Jackson Davis, Anton Le Vay, Ruth Montgomery, John Newborough, Eric Von Daniken, Dennis Wheatley.
* Such books should be burned, regardless of cost.
- Omens
- Ouija boards
- Pagan fetishes
- Pagan religious objects, artifacts and relics
- Pagan rites (Voodoo, Sing sings, Corroborees, Fire walking, Umbahda, Macumba)
- Palmistry

- | | |
|--|--|
| <input type="checkbox"/> PK (parakinesis - control of objects by the power of the mind and will) | <input type="checkbox"/> Psychorientology) |
| <input type="checkbox"/> Parapsychology (PS - especially study of demonic activity) | <input type="checkbox"/> Sorcery |
| <input type="checkbox"/> Pendulum diagnosis | <input type="checkbox"/> Spells |
| <input type="checkbox"/> Phrenology (divining/analysis from the skull) | <input type="checkbox"/> Spirit knockings or rappings |
| <input type="checkbox"/> Planchette (divining) | <input type="checkbox"/> Star signs |
| <input type="checkbox"/> Precognition (foreknowledge of the occurrence of events) | <input type="checkbox"/> Stichomancy (fortune telling from random reference to books) |
| <input type="checkbox"/> Psychic healing | <input type="checkbox"/> Stigmata - i.e. occultic types. |
| <input type="checkbox"/> Psychic sight | <input type="checkbox"/> Superstitions (self or parents or grandparents) |
| <input type="checkbox"/> Psychography (use of heart shaped board) | <input type="checkbox"/> Table tipping |
| <input type="checkbox"/> Psychometry (telling fortunes by lifting or holding object belonging to the enquirer) | <input type="checkbox"/> Tarot cards (22 picture cards for fortune telling) |
| <input type="checkbox"/> Punk rock music | <input type="checkbox"/> Tea-leaf reading |
| <input type="checkbox"/> Pyramidology (mystic powers associated with models of pyramids) | <input type="checkbox"/> Thought transference |
| <input type="checkbox"/> Rebirthing | <input type="checkbox"/> TK (telekinesis - objects move around room, instruments play, engines start...) |
| <input type="checkbox"/> Reflexology | <input type="checkbox"/> TM (Transcendental Meditation) |
| <input type="checkbox"/> Reiki | <input type="checkbox"/> Trances |
| <input type="checkbox"/> Reincarnation | <input type="checkbox"/> Transmigration |
| <input type="checkbox"/> Rhabdomancy (casting sticks into the air for interpreting omens) | <input type="checkbox"/> Travel of the soul |
| <input type="checkbox"/> Satanism | <input type="checkbox"/> UFO fixation |
| <input type="checkbox"/> Séances | <input type="checkbox"/> Uri Geller |
| <input type="checkbox"/> Self hypnosis | <input type="checkbox"/> White magic (invoking hidden powers for 'good ends') |
| <input type="checkbox"/> Significant pagan days | <input type="checkbox"/> Witchcraft |
| <input type="checkbox"/> Silva Mind Control (SMC - | <input type="checkbox"/> Yoga (involves Eastern demon worship) |
| | <input type="checkbox"/> Zodiac charms, birthdates |
| | <input type="checkbox"/> Zodiac signs |

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